

**THE ORIGINAL JAMAICAN GREEN BANANA PORRIDGE  
RECIPE**

**Elyzabeth Kay Pelletier**

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### **Green Banana Porridge • It Doesn't Taste Like Chicken**

My Jamaican Green Banana Porridge recipe is as traditional as it gets. When I was young, it was often an easy way to feed many mouths in the.

### **Caribbean Oats Porridge Recipe**

Green banana porridge - a traditional hearty vegan style Jamaican Keep in mind this recipe is totally vegan, I used coconut milk - full fat or.

### **Jamaican Banana Fritters Recipe | Baking | Banana fritters, Jamaican banana fritters, Food recipes**

Jamaican Banana Porridge is a favorite of Jamaicans especially those from the 3 fingers of green bananas; 1 ½ cup coconut milk; 4 cups water; ½ cup flour.

### **green banana grater**

A bowl of hot steamy green banana porridge to kick start your day. Porridge is a favourite breakfast option for many Jamaicans. Children love it, and it is ideal for .

## **Jamaican Green Banana Porridge | SunSeekingNomad | Copy Me That**

There is nothing plain about porridge in the Jamaica or the Caribbean. She got so excited when she saw these green bananas at Spinneys supermarket last night. I knew then that I would have to work with her to share the recipe with you. . Wow thanks for sharing your traditional Haitian version.

### **Jamaican Green Banana Porridge Recipe Video**

Green Banana Porridge Recipe The Original Jamaican Peanut Porridge Recipe Series: Like Mama Used to Make Quintessentially British Cup of Tea Recipe.

### **Jamaican Hominy Corn Porridge Recipe - Jamaica Kitchen**

The Original Jamaican Gungo Peas Soup Recipe The Original Jamaican Hominy Recipe The Original Jamaican Green Banana Porridge Recipe The Original.

Related books: [Thomas Hobbes - Begründung und Legitimation politischer Ordnung durch Vertrag? \(German Edition\)](#), [The Mystery Sex Games](#), [I Made It Through The Rain](#), [Madre de Dios y Madre Nuestra, María \(Spanish Edition\)](#), [O Habeas Corpus e a Preservação da Liberdade e da Jurisprudência do Supremo Tribunal Federal \(Portuguese Edition\)](#), [Fushigi Yûgi: Genbu Kaiden, Vol. 9](#), [South Australian Food Users Guide](#).

Pour the Hominy corn into the large pot with the coconut milk. Yes, add me to your mailing list.

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Transfer to a mixing bowl. Chicken Marsala. TomatoChoka.I just came across your site and love your recipe for cornmeal porridge.